## Professional <br> Practice <br> in Clinical Chemistry

# Laboratory calculations I 

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Presented by AACC and NACB

## Learning Objectives

- Understand and be able to use the following types of calculations
- Reference interval
- How to work up Proficiency Testing results
- Sensitivity/specificity
- ROC curve
- Student t test
- Volume of distribution


## Case 1: Reference intervals

- Validating a reference interval?
- Transferring a reference interval?
- Establishing a reference interval
- On a test with well-defined inclusion/exclusion criteria? - a priori sampling
- On a new analyte? - a posteriori sampling


## Case 1: Reference intervals

- Validating a reference interval?
- 20 - 60 reference individuals
- Transferring a reference interval?
- Method comparison and bias evaluation
- Establishing a reference interval
- On a test with well-defined inclusion/exclusion criteria? - a priori sampling - 120 healthy individuals to get 90\% C.I. at 95 ${ }^{\text {th }}$ percentile
- On a new analyte? - a posteriori sampling - as many as you can analyze


## Case 1: Reference intervals

- Establishing a reference interval
- Look at data distribution! - why?


## Reference intervals

- Chloride on CAVH fluid
$-N=56$
- Mean = 101
- Median 100
$-\mathrm{SD}=7$


## Reference intervals

- Chloride on CAVH fluid
$-\mathrm{N}=56$
- Mean = 101
- Median 100
$-\mathrm{SD}=7$



## Reference intervals



Normally distributed data:
use parametric statistics
mean $\pm 2$ SD to get 95\%

NOT normally distributed data: use non-parametric statistics
$2.5^{\text {th }}$ and $97.5^{\text {th }}$ percentiles


## Case 1: reference interval for 3-OH-C16



Frequency histogram

Normal plot


## Case 1: reference interval for 3-OH-C16

- Non-parametric analysis:
- Rank the values in order, lowest to highest, and number them (1 = lowest value)
- Determine $2.5^{\text {th }}$ percentile and $97.5^{\text {th }}$ percentile value
- $2.5^{\text {th }}=0.025(n+1)$

$$
97.5^{\mathrm{th}}=0.975(\mathrm{n}+1)
$$

## 3-OH-C16 reference interval

- $N=197$
- Range $=0.2-1.5$
- Mean $=0.53 ;$ median $=0.50$
- Non-parametric 95\% reference interval:
$-2.5^{\text {th }}=0.025(198)=4.95=5^{\text {th }}$ value
$-97.5^{\text {th }}=0.975(198)=193^{\text {rd }}$ value

$$
0.3-1.2
$$

## 3-OH-C16 reference interval

- Non-parametric 95\% reference interval:
$-2.5^{\text {th }}=0.025(198)=4.95=5^{\text {th }}$ value
$-97.5^{\text {th }}=0.975(198)=193^{\text {rd }}$ value

$$
0.3-1.2
$$

- Gaussian 95\% reference interval

$$
0.05-1.01
$$



## Transferring a reference interval



$$
\begin{aligned}
& Y=1.063 X+9.1 \\
& r^{2}=0.9998
\end{aligned}
$$

Average difference $=+19 \mathrm{mg} / \mathrm{dL}$


Adjusted reference intervals Notified physicians

## Case 2: Proficiency Testing workup

- PT challenges are opportunities
- PT results reported against "peer group"

| Free T4 |  | CHM-11 |  |  |
| :--- | :---: | :---: | :---: | :---: |
| Method | No of labs | mean | SD | CV |
| A | 229 | 3.23 | 0.24 | 7.3 |
| B | 22 | 1.67 | 0.13 | 7.7 |
| C | 278 | 3.12 | 0.16 | 5.1 |
| D | 225 | 2.82 | 0.17 | 6.1 |
| E | 178 | 4.07 | 0.19 | 4.6 |
| F | 338 | 3.79 | 0.12 | 3.2 |
| G | 55 | 6.91 | 0.06 | 0.9 |

## Case 2: Proficiency testing



Ideally: sample results dispersed on both sides of mean and not far from mean
Report gives "SDI" - Standard Deviation Index - measure of the difference of your result from the group mean compared to group SD

$$
\begin{aligned}
& \text { SDI }=(\text { your result }- \text { group mean }) \div \text { group SD } \\
& \text { SDI }=(4.8-4.75) / 0.07=0.05 / 0.07=+0.7
\end{aligned}
$$

## Case 2: PT work-up



This should trigger an investigation.

- method was running along the mean previously
- SD1 approaching 2.5

SDI $> \pm 2.5$, only $0.6 \%$ probability that result will fall within the peer group

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## Case 2: PT work-up



Go back and investigate:

- QC - any shifts of changes in QC values
- Reagent lots - change in lot number of reagents?
- Calibrations - when was method last calibrated - how did the calibration look
- Instrument maintenance - was this done or does it need to be done if done, did it effect QC
- How the PT samples were handled

A single outlying result on PT could be operator;
All PT challenges - systemic issue, i.e. lot number

## Case 2: PT failure



Go back and investigate:

- QC - any shifts of changes in QC values
- Reagent lots - change in lot number of reagents?
- Calibrations - when was method last calibrated - how did the calibration look
- Instrument maintenance - was this done or does it need to be done
if done, did it effect QC
- How the PT samples were handled

A single outlying result on PT could be: operator error/mishandling of specimen
typo putting in results
something you never figure out (instrument short-sampled that test?)
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## Case 3: Clinical validity/utility sensitivity/specificity/predictive values

- Specificity: the frequency of a negative test when no disease is present
Spec. $=\frac{T N}{T N+F P} \times 100=$
- Sensitivity: the frequency of a positive test when disease is present, or ability of test to detect disease

$$
\text { Sens. }=\frac{T P}{T P+F N} \times 100=\quad(\%)
$$

## Case 3: sensitivity/specificity



3-OHFAs data - good test for diagnosing LCHAD and SCHAD? Tested 197 patients

| SCHAD |  |  | LCHAD |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  | SCHAD | No SCHAD |  | LCHAD | No LCHAD |
| Postive | $6(T P)$ | $15(F P)$ | Positive | 8 (TP) | $0($ FP) |
| Negative | $0(F N)$ | $182(T N)$ | Negative | $0(F N)$ | 197 (TN) |

Spec for SCHAD $=182 / 197$ X100 $=92.4 \%$
Sens for SCHAD $=6 / 6$ X100 $=100 \%$

Spec for LCHAD $=197 / 197$ X100 $=100 \%$
Sens for LCHAD $=8 / 8 \times 100=100 \%$

## Case 3: clinical/diagnostic utility

- Positive predictive value (PPV) - predictive value of a positive test

$$
P P V=\frac{T P}{T P+F P} \times 100=\%
$$

For SCHAD: $6 / 21 \times 100=28.6 \%$
For LCHAD: $8 / 8 \times 100=100 \%$

- Negative predictive value (NPV) - predictive value of a negative test
$N P V=\frac{T N}{T N+F N} \times 100=\quad \%$

For SCHAD: $199 / 199 \times 100=100 \%$
For LCHAD: 197/197 X100 = 100\%
test good for ruling out both disorders
Professional

## Case 4: ROC curves

- Graphical way to present sensitivity and specificity data, also gives you:
- PPV, NPV
$-+L R,-L R-$ likelihood a pos test will be seen in a patient with the disease compared to a patient without the disease
- $\uparrow+L R$ - the better the test is for diagnosing disease
- $\uparrow$-LR - the better the test is at ruling out the disease
- Sensitivity and specificity can be considered reciprocals


## Case 4: ROC curves



$$
\begin{aligned}
& \text { AUC }=1.00 \\
& \text { perfect test } \\
& 100 \% \text { sensitive and specific }
\end{aligned}
$$

AUC $=0.500$
test is no better than
flipping a coin

False positive rate
To set up a ROC curve

- For each data point, assign a 1 (disorder present) or a 0, (disorder absent)


## ROC curves - LCHAD



AUC $=1.000$

| Criterion | Sens | Spec | +PV | -PV | +LR | -LR |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\geq 0.2$ | 100.00 | 0.00 | 3.9 |  | 1.00 |  |
| $>0.2$ | 100.00 | 1.52 | 4.0 | 100.0 | 1.02 | 0.00 |
| $>0.3$ | 100.00 | 18.78 | 4.8 | 100.0 | 1.23 | 0.00 |
| $>0.4$ | 100.00 | 47.72 | 7.2 | 100.0 | 1.91 | 0.00 |
| $>0.5$ | 100.00 | 68.02 | 11.3 | 100.0 | 3.13 | 0.00 |
| $>0.6$ | 100.00 | 79.19 | 16.3 | 100.0 | 4.80 | 0.00 |
| $>0.7$ | 100.00 | 84.77 | 21.1 | 100.0 | 6.57 | 0.00 |
| $>0.8$ | 100.00 | 89.34 | 27.6 | 100.0 | 9.38 | 0.00 |
| $>0.9$ | 100.00 | 93.40 | 38.1 | 100.0 | 15.15 | 0.00 |
| $>1$ | 100.00 | 94.92 | 44.4 | 100.0 | 19.70 | 0.00 |
| $>1.1$ | 100.00 | 96.45 | 53.3 | 100.0 | 28.14 | 0.00 |
| $>1.2$ | 100.00 | 97.97 | 66.7 | 100.0 | 49.25 | 0.00 |
| $>1.4$ | 100.00 | 98.98 | 80.0 | 100.0 | 98.50 | 0.00 |
| $>1.5$ | 100.00 | 100.00 | 100.0 | 100.0 |  | 0.00 |
| >2.7 | 75.00 | 100.00 | 100.0 | 99.0 |  | 0.25 |
| >3.4 | 62.50 | 100.00 | 100.0 | 98.5 |  | 0.37 |
| $>6$ | 50.00 | 100.00 | 100.0 | 98.0 |  | 0.50 |
| $>6.3$ | 37.50 | 100.00 | 100.0 | 97.5 |  | 0.62 |
| $>7.2$ | 25.00 | 100.00 | 100.0 | 97.0 |  | 0.75 |
| $>21.3$ | 12.50 | 100.00 | 100.0 | 96.6 |  | 0.88 |
| >25.9 | 0.00 | 100.00 |  | 96.1 |  | 1.00 |

## ROC curve: SCHAD

| Criterion | Sens | Spec | +PV | -PV | +LR | -LR |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| $\boldsymbol{> 2 . 6}$ | 100.00 | 82.41 | 14.6 | 100.0 | 5.69 | 0.00 |
| $>2.9$ | 100.00 | 83.92 | 15.8 | 100.0 | 6.22 | 0.00 |
| $>3$ | 100.00 | 84.92 | 16.7 | 100.0 | 6.63 | 0.00 |
| $>3.2$ | 100.00 | 85.43 | 17.1 | 100.0 | 6.86 | 0.00 |
| $>3.3$ | 100.00 | 85.93 | 17.6 | 100.0 | 7.11 | 0.00 |
| $>3.4$ | 100.00 | 86.93 | 18.8 | 100.0 | 7.65 | 0.00 |
| $>3.7$ | 100.00 | 87.44 | 19.4 | 100.0 | 7.96 | 0.00 |
| $>3.8$ | 100.00 | 88.44 | 20.7 | 100.0 | 8.65 | 0.00 |
| $>3.9$ | 100.00 | 89.45 | 22.2 | 100.0 | 9.48 | 0.00 |
| $>4.1$ | 100.00 | 90.45 | 24.0 | 100.0 | 10.47 | 0.00 |
| $>4.2$ | 100.00 | 90.95 | 25.0 | 100.0 | 11.06 | 0.00 |
| $>4.3$ | 100.00 | 91.96 | 27.3 | 100.0 | 12.44 | 0.00 |
| $>4.7$ | 100.00 | 92.46 | 28.6 | 100.0 | 13.27 | 0.00 |
| $>4.8$ | 83.33 | 92.46 | 25.0 | 99.5 | 11.06 | 0.18 |
| $>5.2$ | 83.33 | 92.96 | 26.3 | 99.5 | 11.85 | 0.18 |
| $>5.3$ | 83.33 | 93.47 | 27.8 | 99.5 | 12.76 | 0.18 |
| $>5.5$ | 83.33 | 94.47 | 31.2 | 99.5 | 15.08 | 0.18 |
| $>5.8$ | 83.33 | 94.97 | 33.3 | 99.5 | 16.58 | 0.18 |
| $>6.5$ | 83.33 | 95.48 | 35.7 | 99.5 | 18.43 | 0.17 |
| $>6.6$ | 83.33 | 95.98 | 38.5 | 99.5 | 20.73 | 0.17 |
| $>6.8$ | 83.33 | 96.48 | 41.7 | 99.5 | 23.69 | 0.17 |
| $>7$ | 83.33 | 97.49 | 50.0 | 99.5 | 33.17 | 0.17 |
| $>7.2$ | 83.33 | 97.99 | 55.6 | 99.5 | 41.46 | 0.17 |
| $>8.2$ | 83.33 | 98.49 | 62.5 | 99.5 | 55.28 | 0.17 |
| $>8.5$ | 50.00 | 98.49 | 50.0 | 98.5 | 33.17 | 0.51 |
| $>8.8$ | 50.00 | 98.99 | 60.0 | 98.5 | 49.75 | 0.51 |
| $>11.9$ | 33.33 | 100.00 | 100.0 | 98.0 |  | 0.67 |
| $>\mathbf{2 9 . 4}$ | 16.67 | 100.00 | 100.0 | 97.5 |  | 0.83 |
| $>54.4$ | 0.00 | 100.00 |  | 97.1 |  | 1.00 |


| Criterion | Sens | Spec | +PV | -PV | +LR | -LR |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| $\geq 0.2$ | 100.00 | 0.00 | 2.9 |  | 1.00 |  |
| $\boldsymbol{> 0 . 2}$ | 100.00 | 1.51 | 3.0 | 100.0 | 1.02 | 0.00 |
| $\boldsymbol{> 0 . 3}$ | 100.00 | 6.53 | 3.1 | 100.0 | 1.07 | 0.00 |
| $\boldsymbol{> 0 . 4}$ | 100.00 | 15.08 | 3.4 | 100.0 | 1.18 | 0.00 |
| $\boldsymbol{> 0 . 5}$ | 100.00 | 23.12 | 3.8 | 100.0 | 1.30 | 0.00 |
| $\boldsymbol{> 0 . 6}$ | 100.00 | 30.15 | 4.1 | 100.0 | 1.43 | 0.00 |
| $\boldsymbol{> 0 . 7}$ | 100.00 | 35.68 | 4.5 | 100.0 | 1.55 | 0.00 |
| $\boldsymbol{> 0 . 8}$ | 100.00 | 41.21 | 4.9 | 100.0 | 1.70 | 0.00 |
| $\boldsymbol{> 0 . 9}$ | 100.00 | 46.23 | 5.3 | 100.0 | 1.86 | 0.00 |
| $\boldsymbol{> 1}$ | 100.00 | 53.27 | 6.1 | 100.0 | 2.14 | 0.00 |
| $\boldsymbol{> 1 . 1}$ | 100.00 | 55.78 | 6.4 | 100.0 | 2.26 | 0.00 |
| $\boldsymbol{> 1 . 2}$ | 100.00 | 59.80 | 7.0 | 100.0 | 2.49 | 0.00 |
| $\boldsymbol{> 1 . 3}$ | 100.00 | 63.32 | 7.6 | 100.0 | 2.73 | 0.00 |
| $\boldsymbol{> 1 . 4}$ | 100.00 | 66.33 | 8.2 | 100.0 | 2.97 | 0.00 |
| $\boldsymbol{> 1 . 5}$ | 100.00 | 68.84 | 8.8 | 100.0 | 3.21 | 0.00 |
| $\boldsymbol{> 1 . 6}$ | 100.00 | 71.36 | 9.5 | 100.0 | 3.49 | 0.00 |
| $\boldsymbol{> 1 . 7}$ | 100.00 | 72.36 | 9.8 | 100.0 | 3.62 | 0.00 |
| $\boldsymbol{> 1 . 8}$ | 100.00 | 72.86 | 10.0 | 100.0 | 3.69 | 0.00 |
| $\boldsymbol{> 1 . 9}$ | 100.00 | 73.37 | 10.2 | 100.0 | 3.75 | 0.00 |
| $\boldsymbol{> 2}$ | 100.00 | 74.37 | 10.5 | 100.0 | 3.90 | 0.00 |
| $\boldsymbol{> 2 . 1}$ | 100.00 | 76.38 | 11.3 | 100.0 | 4.23 | 0.00 |
| $\boldsymbol{> 2 . 2}$ | 100.00 | 76.88 | 11.5 | 100.0 | 4.33 | 0.00 |
| $\boldsymbol{> 2 . 3}$ | 100.00 | 79.40 | 12.8 | 100.0 | 4.85 | 0.00 |
| $\boldsymbol{> 2 . 4}$ | 100.00 | 80.40 | 13.3 | 100.0 | 5.10 | 0.00 |
| $\boldsymbol{> 2 . 5}$ | 100.00 | 81.41 | 14.0 | 100.0 | 5.38 | 0.00 |



## Comparing ROC curves




For diagnosing LCHAD:
C16 AUC = 1.000
C8 AUC $=0.534$


For diagnosing SCHAD:
C16 AUC = 0.581
C8 AUC $=0.982$

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## Case 4: Student t test

If comparing a sample with the population from which it was selected:

$$
t=\frac{\bar{x}-\mu}{s / \sqrt{N}}
$$

Or, if comparing two samples:

$$
t=\frac{\bar{X}_{1}-\bar{X}_{2}}{\sqrt{\frac{s_{1}^{2}}{N_{1}}+\frac{s_{2}^{2}}{N_{2}}}}
$$

## Case 4: Student t test

If comparing a sample with the population from which it was selected:

$$
t=\frac{\bar{x}-\mu}{s / \sqrt{N}}
$$

Average age of attendees at a conference is 32
The ages of the 10 attendees in the front row are $35,37,40,30,34,35,38,32$, 34 and 39. Are older attendees more likely to sit on the front row?

$$
\text { Mean }=35.4
$$

$$
S=3.13
$$

$$
\begin{aligned}
t & =(35.4-32) \div(3.13 / \sqrt{10}) \\
& =3.4 \div(3.13 / 3.16) \\
& =3.4 / 0.99=3.4243
\end{aligned}
$$

9 degrees of freedom

## Case 4: Student t test

If comparing a sample with the population from which it was selected:

$$
t=\frac{\bar{x}-\mu}{s / \sqrt{N}}
$$

$t=3.4243$
9 degrees of freedom

$$
(N-1)
$$

Older attendees are more likely to sit on the front row.

$$
P=0.0075
$$

## Case 4: Student t test

Or, if companing two samples:

$$
t=\frac{\bar{X}_{1}-\bar{X}_{2}}{\sqrt{\frac{s_{1}^{2}}{N_{1}}+\frac{s_{2}^{2}}{N_{2}}}}
$$

Measured 8 controls yesterday:
Mean = 8.7
$S=1.42$

Measured 10 controls today:
Mean = 7.9
$S=0.86$

Is there a significant bias between the two days?

## Case 4: Student t test

Or, if comparing two samples:

$$
t=\frac{\bar{X}_{1}-\bar{X}_{2}}{\sqrt{\frac{s_{2}^{2}}{N_{1}}+\frac{s_{2}^{2}}{N_{2}}}}
$$

$$
1
$$

$$
\sqrt{ }(1.42)^{2} / 8+(0.79)^{2} / 10
$$

$$
=\sqrt{0} .252+0.062
$$

$$
=0.56
$$

Measured 8 controls yesterday:
Mean $=8.7$
S $=1.42$

Measured 10 controls today:
Mean $=7.9$
$S=0.86$
$t=(8.7-8.0) \div 0.56$
$=0.7 / 0.56$
$=1.25$

## Case 4: Student t test

$$
t=1.25
$$

16 degrees of freedom

$$
\left(N_{1}+N_{2}-2\right)
$$

no significant bias between the 2 days

$$
P=0.1952
$$

|  | 1-tail: 0.25 | 0.1 | 0.05 | 0.025 | 0.01 | 0.005 | 0.001 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| d.f. | 2-tail: 0.50 | 0.2 | 0.1 | 0.05 | 0.02 | 0.01 | 0.002 |
| 1 | 1.000 | 3.078 | 6.314 | 12.706 | 31.821 | 63.657 | 318.309 |
| 2 | 0.816 | 1.886 | 2.920 | 4.303 | 6.965 | 9.925 | 22.327 |
| 3 | 0.765 | 1.638 | 2.353 | 3.182 | 4.541 | 5.841 | 10.215 |
| 4 | 0.741 | 1.533 | 2.132 | 2.776 | 3.747 | 4.604 | 7.173 |
| 5 | 0.727 | 1.476 | 2.015 | 2.571 | 3.365 | 4.032 | 5.893 |
| 6 | 0.718 | 1.440 | 1.943 | 2.447 | 3.143 | 3.707 | 5.208 |
| 7 | 0.711 | 1.415 | 1.895 | 2.365 | 2.998 | 3.499 | 4.785 |
| 8 | 0.706 | 1.397 | 1.860 | 2.306 | 2.896 | 3.355 | 4.501 |
| 9 | 0.703 | 1.383 | 1.833 | 2.262 | 2.821 | 3.250 | 4.297 |
| 10 | 0.700 | 1.372 | 1.812 | 2.228 | 2.764 | 3.169 | 4.144 |
| 11 | 0.697 | 1.363 | 1.796 | 2.201 | 2.718 | 3.106 | 4.025 |
| 12 | 0.695 | 1.356 | 1.782 | 2.179 | 2.681 | 3.055 | 3.930 |
| 13 | 0.694 | 1.350 | 1.771 | 2.160 | 2.650 | 3.012 | 3.852 |
| 14 | 0.692 | 1.345 | 1.761 | 2.145 | 2.624 | 2.977 | 3.787 |
| 15 | 0.691 | 1.341 | 1.753 | 2.131 | 2.602 | 2.947 | 3.733 |
| 16 | 0.690 | 1.337 | 1.746 | 2.120 | 2.583 | 2.921 | 3.686 |
| 17 | 0.689 | 1.333 | 1.740 | 2.110 | 2.567 | 2.898 | 3.646 |
| 18 | 0.688 | 1.330 | 1.734 | 2.101 | 2.552 | 2.878 | 3.610 |
| 19 | 0.688 | 1.328 | 1.729 | 2.093 | 2.539 | 2.861 | 3.579 |
| 20 | 0.687 | 1.325 | 1.725 | 2.086 | 2.528 | 2.845 | 3.552 |
| 21 | 0.686 | 1.323 | 1.721 | 2.080 | 2.518 | 2.831 | 3.527 |
| 22 | 0.686 | 1.321 | 1.717 | 2.074 | 2.508 | 2.819 | 3.505 |
| 23 | 0.685 | 1.319 | 1.714 | 2.069 | 2.500 | 2.807 | 3.485 |
| 24 | 0.685 | 1.318 | 1.711 | 2.064 | 2.492 | 2.797 | 3.467 |
| 25 | 0.684 | 1.316 | 1.708 | 2.060 | 2.485 | 2.787 | 3.450 |
| 26 | 0.684 | 1.315 | 1.706 | 2.056 | 2.479 | 2.779 | 3.435 |
| 27 | 0.684 | 1.314 | 1.703 | 2.052 | 2.473 | 2.771 | 3.421 |
| 28 | 0.683 | 1.313 | 1.701 | 2.048 | 2.467 | 2.763 | 3.408 |
| 29 | 0.683 | 1.311 | 1.699 | 2.045 | 2.462 | 2.756 | 3.396 |
| 30 | 0.683 | 1.310 | 1.697 | 2.042 | 2.457 | 2.750 | 3.385 |

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## Volume of Distribution ( $\mathrm{V}_{\mathrm{d}}$ )

- The Volume of Distribution $\left(\mathrm{V}_{\mathrm{d}}\right)$ is the amount of blood, per Kg body weight, necessary to contain all of the body burden of drug at equilibrium concentration.

$$
\text { Plasma Concentration }=\frac{\text { Total Body Stores }}{\text { Volume of Distribution }}
$$

## Interpreting $\mathrm{V}_{\mathrm{d}}$

- Drugs with low $\mathrm{V}_{\mathrm{d}}$ are contained mostly in the plasma, because...
- They are highly water soluble (plasma water content is higher than tissues), or
- They are highly protein bound (which prevents them from freely diffusing into tissues
- Drugs with high $\mathrm{V}_{\mathrm{d}}$ are mostly in tissues, and plasma levels may not reflect body burden


## Example of $\mathrm{V}_{\mathrm{d}}$ calculation

A 70 Kg man takes a 5 mg dose of phenobarbital $\left(\mathrm{V}_{\mathrm{d}}=1.0 \mathrm{~L} / \mathrm{Kg}\right)$. What is the maximum plasma phenobarbital concentration you can expect?

Plasma concentration $=$ total body stores $\div$ volume of distribution

$$
\begin{aligned}
C & =(5 \mathrm{mg} / 70 \mathrm{Kg}) \div 1.0 \mathrm{~L} / \mathrm{Kg} \\
& =0.07 \mathrm{mg} / \mathrm{Kg} \div 1.0 \mathrm{~L} / \mathrm{Kg} \\
& =0.07 \mathrm{mg} / \mathrm{L}=70 \mu \mathrm{~g} / \mathrm{L}
\end{aligned}
$$

## Example of $\mathrm{V}_{\mathrm{d}}$ calculation

A 55 Kg woman has a plasma theophylline ( $\mathrm{V}_{\mathrm{d}}=0.5 \mathrm{~L} / \mathrm{Kg}$ ) concentration of $15 \mu \mathrm{~g} / \mathrm{L}$. What is her total body burden of theophylline?

Plasma concentration $=$ total body stores $\div$ volume of distribution
$15 \mu \mathrm{~g} / \mathrm{L}=$ (concentration $/ 55 \mathrm{Kg}$ ) $\div 0.5 \mathrm{~L} / \mathrm{Kg}$
$(15 \mu \mathrm{~g} / \mathrm{L})(0.5 \mathrm{Kg} / \mathrm{L})=$ concentration $/ 55 \mathrm{Kg}$
$7.5 \mu \mathrm{~g} / \mathrm{Kg}=$ concentration $/ 55 \mathrm{Kg}$
$(7.5 \mu \mathrm{~g} / \mathrm{Kg})(55 \mathrm{Kg})=$ concentration

