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## PEARLS OF LABORATORY MEDICINE

### **Pharmacogenetics for Drug Hypersensitivity Reactions**

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# Adverse Drug Reactions (ADRs)

- Adverse Drug Reactions are common and can be triggered by any medication
- There are generally two types of Adverse Drug Reactions:
  - Type A
    - Predictable based on the pharmacology of the drug
    - Dose-dependent
  - Type B
    - Often immunological reactions
    - Not predictable based on the pharmacology of the drug
    - Also called “Drug Hypersensitivity” Reactions



# Drug Hypersensitivity Reactions

## Early onset

- Usually occur **within first hour** of drug exposure
- Usually involves **IgE**
- Can be life-threatening

## Late onset

- Usually occur **hours or days after** drug exposure
- Usually involves **T cells**
- Can be life-threatening



# Drug Hypersensitivity Reactions

## Early onset

- Mild skin reactions
  - Rash
  - Angioedema

## Late onset

- Severe cutaneous adverse reactions
  - Stevens-Johnson Syndrome (SJS)
  - Toxic Epidermal Necrolysis (TEN)
  - Drug reaction with eosinophilia and systemic systems (DRESS)
  - Drug-induced hypersensitivity syndrome (DIHS)
- Single-organ drug hypersensitivity
  - Drug-induced liver injury (DILI)

Gueant et al (2), Daly et al (4).



# Early onset Drug Hypersensitivity Reactions

- The most common drug family that triggers early onset drug hypersensitivity reactions is **beta-lactams**.
- Studies have identified a number of genes that appear to associate with beta-lactams hypersensitivity reactions. These genes affect the **production or the signaling of IgE**.

Gene	Amino Acid Changes	Nucleotide Changes
FcepsilonR1beta	E237G	
IL-4R alpha	I50V; S478P; Q551R	
IL-13	R130Q	-1055/-1111 C>T
TNF-alpha		-308 G>A

Gueant et al (2).



# HLA associations with late onset Drug Hypersensitivity Reactions

- Candidate gene approach and Genome-wide association (GWA) analysis have strongly suggested a role for **human leukocyte antigen (HLA)** in late onset drug hypersensitivity reactions
- HLA-A, HLA-B, HLA-C encodes MHC class I molecules
- HLA-DR, HLA-DQ encodes MHC class II molecules
- These MHC molecules present and display peptides (derived from drug) for recognition by T cells



## Examples of HLA associations with Steven-Johnson Syndrome / Toxic Epidermal Necrolysis

Drug	Allele	OR of developing ADR
Allopurinol (anti uric acid)	<i>B*5801</i>	580 in Han Chinese 41 in Japanese 80 in European
Carbamazepine (antiepileptic)	<i>B*1502</i>	2504 in Han Chinese
Phenytoin (Antiepileptic)	<i>B*1502</i>	36 in Thai



## Examples of HLA associations with Drug reaction with eosinophilia and systemic systems (DRESS) / Drug-induced hypersensitivity syndrome (DIHS)

Drug	Allele	OR of developing ADR
Abacavir (antiretroviral)	<i>B*5701</i>	117 in Western Australian
Nevirapine (antiretroviral)	<i>Cw8-B14</i> <i>Cw8</i> <i>B*3505</i> <i>DRB1*0101</i>	15 in Italian Sardinian 6.2 in Japanese 49 in Thai 18 in Western Australian





## Examples of HLA associations with Drug-induced Liver Injury (DILI)

Drug	Allele	OR of developing ADR
Amoxicillin-calvulanate (antibiotic)	<i>DRB1*1501-DQB1*0602</i> <i>A*0201</i>	2.8 in Caucasian 2.3 in Caucasian
Flucloxacillin (antibiotic)	<i>B*5701</i>	81 in Caucasian



## Translating pharmacogenetic findings to clinical use

- Establish the positive and negative **predictive values** of the genetic association with drug hypersensitivity reactions
- Determine whether the genetic association applies to only a specific ethnic group, or can be **generalized to other ethnicity**
- Determine **prevalence** of drug hypersensitivity reactions and genetic variants of interest in different ethnic groups



# Clinical Applications

## HLA-B\*5701-associated Abacavir Hypersensitivity Reaction

- Negative Predictive Value: 100%
- Positive Predictive Value: 59%
- Number needed to test to prevent 1 case of drug reaction: 13
- As *HLA-B\*5701* is predominantly found in Caucasians, pre-therapeutic testing in other ethnic groups may not be as cost-effective



# Clinical Applications

## HLA-B\*5701-associated Abacavir Hypersensitivity Reaction

- **International HIV guidelines** recommend use of Abacavir only in patients who are *HLA-B\*5701* negative to prevent hypersensitivity reaction.
- The **Clinical Pharmacogenetics Implementation Consortium (CPIC)** guideline also recommends that *HLA-B\*5701* testing be performed in all Abacavir-naïve individuals before initiation of Abacavir therapy. This is consistent with the recommendations of the **US FDA** and **European Medicines Agency**.



# Clinical Applications

## HLA-B\*1502-associated Carbamazepine Hypersensitivity Reaction

- Negative Predictive Value: 100% in Chinese
- Positive Predictive Value: 3%
- Number needed to test to prevent 1 case of drug reaction: 442 in Hong Kong
- In Hong Kong, routine *HLA-B\*1502* screening policy has been implemented since 2008

Phillips et al (7), Chen et al (8).



# Clinical Applications

## HLA-B\*1502 associated Carbamazepine Hypersensitivity Reaction

- The CPIC guidelines recommends carbamazepine not be used in individuals who have the *HLA-B\*1502* allele.
- Since 2007, the FDA has recommended *HLA-B\*1502* screening in all Asians prior to use of Carbamazepine to prevent Carbamazepine hypersensitivity reaction.
- Widespread screening in Caucasians is not recommended for multiple reasons:
  - Negative Predictive Value is **not** 100% in European populations
  - Prevalence of *HLA-B\*1502* is **<0.1%** in European populations
  - Prevalence of carbamazepine hypersensitivity reaction is **1/10,000** European populations

Phillips et al (7)



# Clinical Applications

## HLA-B\*5701-associated Flucloxacillin Hypersensitivity Reaction

- Negative Predictive Value: 99.99%
- Positive Predictive Value: 0.12%
- Number needed to test to prevent 1 case of drug reaction:  
13,819
- Pharmacogenetic screening is unlikely to be effective



# Clinical Applications

## Early-onset drug hypersensitivity reactions

- Although some genetic variants have been identified, the causal relationship between these genetic variants and early-onset drug hypersensitivity reactions is **not clear**
- IgE reactivity can **disappear** in the course of lifetime
- In the case of penicillin allergy, up to **90%** of individuals who have a history of allergy can later tolerate penicillin
- 2010 “Drug Allergy: An Updated Practice Parameter” (developed by the US Joint Task Force): a patient who is suspected to have an allergic reaction to penicillin should first be evaluated by **skin testing** and be given **lower dose** of penicillin (if alternative drug is not available)

Solensky et al (9).





# Summary

- Currently, pre-therapeutic pharmacogenetic testing is not widely adopted. As we learn more about the genetic associations with drug hypersensitivity reactions, the hope is that more pre-therapeutic pharmacogenetic testing can be implemented (e.g. Abacavir, Carbamazepine) to prevent severe drug hypersensitivity reactions.
- Dosing and alternative medications recommendations are being compiled and published by CPIC.

<https://www.pharmgkb.org/view/dosing-guidelines.do?source=CPIC>



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